The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, go to <a href="https://www.meritain.com">www.meritain.com</a> or call (973) 399-6800. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at <a href="https://www.healthcare.gov/sbc-glossary">www.healthcare.gov/sbc-glossary</a> or call Meritain Health, Inc. at (800) 925-2272 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?  Are there services covered before you meet your deductible?	For participating <u>providers</u> :  \$200 person / \$400 family  For non-participating <u>providers</u> :  \$800 person / \$2,000 family  Yes. For participating <u>providers</u> : <u>Emergency medical transportation</u> (all <u>providers</u> ), <u>emergency room care</u> ( <u>emergency services</u> only – all <u>providers</u> ), outpatient mental health & substance abuse services, office visit services, <u>urgent care</u> , routine eye exams, <u>rehabilitation services</u> and <u>habilitation services</u> are covered before you meet your <u>deductible</u> .	Generally, you must pay all of the costs from providers up to the deductible amount before this plan begins to pay. If you have other family members on the plan, each family member must meet their own individual deductible until the total amount of deductible expenses paid by all family members meets the overall family deductible. This plan covers some items and services even if you haven't yet met the deductible amount. But a copayment or coinsurance may apply. For example, this plan covers certain preventive services without cost-sharing and before you meet your deductible. See a list of covered preventive services at www.healthcare.gov/coverage/preventive-care-benefits/.
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	For participating <u>providers</u> : \$2,000 person / \$4,000 family For non-participating <u>providers</u> : \$5,000 person / \$12,500 family ( <u>deductible</u> , <u>coinsurance</u> and medical <u>copays</u> ) / For <u>prescription drug copays</u> : \$1,470 person / \$2,940 family	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the <u>out-of-pocket limit?</u>	Premiums, balance billing charges, preauthorization penalty amounts, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u> .
Will you pay less if you use a <u>network provider</u> ?	Yes. See www.aetna.com/docfind/custom/my meritain or call (800) 343-3140 for a list of network providers.	This plan uses a provider network. You will pay less if you use a provider in the plan's network. You will pay the most if you use an out-of-network provider, and you might receive a bill from a provider for the difference between the provider's charge and what your plan pays (balance billing). Be aware, your network provider might use an out-of-network provider for some services (such as lab work). Check with your provider before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the <u>specialist</u> you choose without a <u>referral</u> .



		What You	ı Will Pay	
Common Medical Event	Services You May Need	Participating Provider (You will pay the least)	Non-Participating Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you visit a health care provider's	Primary care visit to treat an injury or illness	\$20 <u>copay</u> /visit	40% <u>coinsurance</u>	<u>Copay</u> applies per visit regardless of what services are rendered. Includes telemedicine
office or clinic	<u>Specialist</u> visit	\$35 <u>copay</u> /visit	40% <u>coinsurance</u>	other than Teladoc (participating <u>providers</u> only), limited to 1 visit per day. There is no charge and the <u>deductible</u> does not apply if you receive consultation services through Teladoc.
	Preventive care/ screening/ immunization	No Charge	40% <u>coinsurance</u>	You may have to pay for services that aren't preventive. Ask your provider if the services you need are preventive. Then check what your plan will pay for.
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	20% coinsurance	40% coinsurance	none
	Imaging (CT/PET scans, MRIs)	20% <u>coinsurance</u>	40% <u>coinsurance</u>	Preauthorization required for PET scans and non-orthopedic CT/MRI's. If you don't get preauthorization for non-participating providers, benefits could be reduced by the lesser of \$400 or 50% of the total cost of the service.
If you need drugs to treat your illness or condition	Generic drugs	\$3 <u>copay</u> (30-day retail)/ \$5 <u>copay</u> (90-day retail & mail order)	50% <u>copay</u> (retail)	<u>Deductible</u> does not apply. Covers up to a 90-day supply (retail prescription); 90-day supply (mail order prescription); 30-day
More information about <b>prescription drug coverage</b> is	Preferred brand drugs	\$18 <u>copay</u> (30-day retail)/ \$36 <u>copay</u> (90-day retail & mail order)	50% <u>copay</u> (retail)	supply (specialty drugs). The copay applies per prescription. There is no charge for preventive drugs. Dispense as Written (DAW) provision applies. Specialty drugs must be obtained from the specialty pharmacy network. Certain specialty drugs
available at www.caremark.com	Non-preferred brand drugs	\$46 <u>copay</u> (30-day retail)/ \$92 <u>copay</u> (90-day retail & mail order)	50% <u>copay</u> (retail)	
	Specialty drugs	\$3 <u>copay</u> (generic) / \$18 <u>copay</u> (preferred) / \$18 <u>copay</u> (non-preferred)	Not Covered	are eligible for copay assistance programs through CVS True Accumulation Program.
If you have	Facility fee (e.g.,	20% coinsurance	40% coinsurance	Preauthorization required for certain surgeries. If you don't get preauthorization for non-participating providers, benefits could be reduced by the lesser of \$400 or 50% of the total cost of the service. See your plan document for a detailed listing.
outpatient surgery	ambulatory surgery center) Physician/surgeon fees	20% <u>coinsurance</u>	40% <u>coinsurance</u>	

		What You	ı Will Pay	
Common Medical Event	Services You May Need	Participating Provider (You will pay the least)	Non-Participating Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you need immediate medical attention	Emergency room care  Emergency medical	\$100 <u>copay</u> /visit ( <u>emergency services</u> )/ Not Covered (non- <u>emergency services</u> ) 20% <u>coinsurance</u>	\$100 copay/visit (emergency services)/ Not Covered (non- emergency services) 20% coinsurance	Non-participating <u>providers</u> paid at the participating <u>provider</u> level of benefits for <u>emergency services</u> . <u>Copay</u> is waived if admitted to the hospital.  Non-participating <u>providers</u> paid at the
	transportation Urgent care	\$35 <u>copay</u> /visit	40% coinsurance	participating <u>provider</u> level of benefits. <u>Copay</u> applies per visit regardless of what services are rendered.
If you have a hospital stay	Facility fee (e.g., hospital room)	20% <u>coinsurance</u>	40% <u>coinsurance</u>	Preauthorization required. If you don't get preauthorization for non-participating
	Physician/surgeon fees	20% <u>coinsurance</u>	40% coinsurance	<u>providers</u> , benefits could be reduced by the lesser of \$400 or 50% of the total cost of the service.
If you need mental health, behavioral health, or	Outpatient services	\$20 <u>copay</u> /visit (office visit) / No Charge (all other outpatient)	40% coinsurance	Includes telemedicine other than Teladoc.
substance abuse services	Inpatient services	20% <u>coinsurance</u>	40% <u>coinsurance</u>	<u>Preauthorization</u> required. If you don't get <u>preauthorization</u> for non-participating <u>providers</u> , benefits could be reduced by the lesser of \$400 or 50% of the total cost of the service.
If you are pregnant	Office visits	20% coinsurance	40% coinsurance	<u>Preauthorization</u> required for inpatient hospital stays in excess of 48 hrs (vaginal delivery) or 96
	Childbirth/delivery professional services	20% <u>coinsurance</u>	40% <u>coinsurance</u>	hrs (c-section). If you don't get preauthorization for non-participating
	Childbirth/delivery facility services	20% coinsurance	40% <u>coinsurance</u>	providers, benefits could be reduced by the lesser of \$400 or 50% of the total cost of the service. Cost sharing does not apply to preventive services from a participating provider. Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound). Baby does not count toward the mother's expense; therefore the family deductible amount may apply.

		What You	Will Pay	
Common Medical Event	Services You May Need	Participating Provider (You will pay the least)	Non-Participating Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you need help recovering or have other special health needs	Home health care	20% <u>coinsurance</u>	40% <u>coinsurance</u>	Limited to 3 visits per day. <u>Preauthorization</u> required. If you don't get <u>preauthorization</u> for non-participating <u>providers</u> , benefits could be reduced by the lesser of \$400 or 50% of the total cost of the service.
	Rehabilitation services	\$20 <u>copay</u> /visit	40% <u>coinsurance</u>	Includes physical, speech/hearing & occupational therapy.
	Habilitation services	No Charge	40% coinsurance	none
	Skilled nursing care	20% coinsurance	40% coinsurance	Limited to 120 days per year for participating providers; 60 days per year for non-participating providers (participating and non-participating provider limits do reduce each other). Preauthorization required. If you don't get preauthorization for non-participating providers, benefits could be reduced by the lesser of \$400 or 50% of the total cost of the service.
	Durable medical equipment	20% <u>coinsurance</u> 20% <u>coinsurance</u>	40% coinsurance	Preauthorization required for electric/motorized scooters or wheelchairs and pneumatic compression devices. If you don't get preauthorization for non-participating providers, benefits could be reduced by the lesser of \$400 or 50% of the total cost of the service.  Bereavement counseling is covered if
	Hospice services	2070 <u>coinsurance</u>	4070 <u>coinsurance</u>	received within 6 months of death.
If your child needs	Children's eye exam	\$30 <u>copay</u> /visit	40% <u>coinsurance</u>	Limited to 1 exam every 12 months.
dental or eye care	Children's glasses	Not Covered	Not Covered	Not Covered
	Children's dental check-up	Not Covered	Not Covered	Not Covered

#### **Excluded Services & Other Covered Services:**

Services Your <u>Plan</u> Generally Does NOT Cover (Check your policy or <u>plan</u> document for more information and a list of any other <u>excluded</u> <u>services</u>.)

- Cosmetic surgery
- Dental care (Adult & Child)
- Emergency room services for nonemergency services
- Glasses (Adult & Child)
- Long-term care
- Non-emergency care when traveling outside the U.S.
- Private-duty nursing (except for home health care & hospice)
- Routine foot care (except for metabolic or peripheral vascular disease)

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Acupuncture (limited to treatment of pain, nausea or as a form of anesthesia)
- Bariatric surgery (for morbid obesity only)
- Chiropractic care (limited to 30 visits per year)
- Hearing aids (up to age 21 only, limited to 1 hearing aid, up to \$1,000 per aid, per hearing impaired ear, every 24 months)
- Infertility treatment (limited to 4 completed egg retrievals per lifetime)
- Routine eye care (Adult & Child 1 exam every 12 months)
- Weight loss programs (for morbid obesity only)

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: the Department of Health and Human Services, Center for Consumer Information and Insurance Oversight at (877) 267-2323 x 61565 or <a href="https://www.cciio.cms.gov">www.cciio.cms.gov</a>, or Irvington Board of Education at (973) 399-6800. Other coverage options may be available to you too, including buying individual insurance coverage through the <a href="https://example.com/Health Insurance Marketplace">Health Insurance Marketplace</a>. For more information about the <a href="https://example.com/Marketplace">Marketplace</a>, visit <a href="https://example.com/www.HealthCare.gov">www.HealthCare.gov</a> or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information on how to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact Irvington Board of Education at (973) 399-6800 or Meritain Health, Inc. at (800) 925-2272.

### Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

#### Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

#### **Language Access Services:**

Spanish (Español): Para obtener asistencia en Español, llame al 1-800-378-1179.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-378-1179.

Chinese (中文): 如果需要中文的帮助,请拨打这个号码1-800-378-1179.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-800-378-1179.

To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.

### About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

### Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The <u>plan's</u> overall <u>deductible</u>	\$200
Primary care physician coinsurance	20%
■ Hospital (facility) coinsurance	20%
■ Other coinsurance	20%

# This EXAMPLE event includes services like:

Primary care physician visits (prenatal care) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services Diagnostic tests (ultrasounds and blood work) Specialist visit (anesthesia)

### Total Example Cost \$12,700

In this example, Peg would pay:

Cost Sharing	
Deductibles	\$200
Copayments	\$10
Coinsurance	\$2,500
What isn't covered	
Limits or exclusions	<b>\$</b> 60
The total Peg would pay is	\$2,770

### Managing Joe's Type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

■ The plan's overall deductible	\$200
Specialist copayment	\$35
■ Hospital (facility) coinsurance	20%
Other coinsurance	20%

## This EXAMPLE event includes services like:

Specialist office visits (including disease education)
Diagnostic tests (blood work)
Prescription drugs
Durable medical equipment (glucose meter)

Total Example Cost	\$5,600
--------------------	---------

In this example, Joe would pay:

Cost Sharing	
Deductibles	\$200
Copayments	\$600
Coinsurance	\$100
What isn't covered	
Limits or exclusions	\$20
The total Joe would pay is	\$920

### Mia's Simple Fracture

(in-network emergency room visit and follow up care)

■ The plan's overall deductible	\$200
Specialist copayment	\$35
■ Hospital (facility) copayment	\$100
■ Other coinsurance	20%

# This EXAMPLE event includes services like:

Emergency room care (including medical supplies)
Diagnostic test (x-ray)
Durable medical equipment (crutches)
Rehabilitation services (physical therapy)

Total Example Cost	\$2,800

In this example, Mia would pay:

Cost Sharing		
Deductibles	\$200	
Copayments	\$300	
Coinsurance	\$200	
What isn't covered		
Limits or exclusions	\$0	
The total Mia would pay is	\$700	