

## Health/PE Emergency School Closure Guidelines (as of 3/15/2020)

1. Per Dr. Hackett's email, you are expected to perform two (2) webinars per day if we go on break. Please utilize the NFHS high school portal. Send me the PD cert once you have completed a webinar. I have to keep a log. Just goto NFHSLearn.com, create an account (if necessary), and choose your webinar. Per are the list of webinars I am assigning you to complete:

1. ACL Injury Prevention
2. Afterschool Security
3. Engaging effectively with parents
4. Social media
5. Sports nutrition
6. Student Mental Health and Suicide Prevention
7. Sudden Cardiac Arrest
8. Understanding Copyright and Compliance
9. Understanding Vaping and E-cigarettes
10. Appearance and Performing Enhancing Drugs
11. Coaching Unified Sports
12. Concussions for students
13. Positive Sport Parenting
14. Sportsmanship
15. Hazing Prevention for Students
16. Learning Pro: Homework Helper
- 17: Learning Pro: Reading & Learning Strategies
- 18: Learning Pro: Research Skills
- 19: Learning Pro: Testing Tips
- 20: NCAA Eligibility
21. Captain's Course
22. Introduction to Pitch Smart
23. Band Safety
24. Coaching Diving
25. Coaching Pole Vault

This would give you 12 or so days of webinars. Remember, do two per day. If we are out longer than 12 days, we'll add more.

### **2. For MS & HS, please follow these guidelines.**

a. IHS - You need to create 7 assignments for students to perform (as of right now). You may use BrainPop or Google Classroom. Just make sure your lessons are meeting the standards for your grade level. You may also use reflection articles I've shared with you in a previous email, or send your own. For students who indicate they don't have internet access at home, give me your numbers and I'll have packets created for

alternate assignments. I need this information by Tuesday end of business on the google form I sent you.

b. UMS, UAMS, BKA- You need to do the same thing, but because your classes meet every day rather than every other day, you'll need to assign 15 assignments.

For all 6-12 teachers, you only need to create assignments for one (1) week at a time. Example, Weiss would have 5 classes Monday-Friday. Weiss would need to assign and post five assignments in google classroom or brainpop by Sunday night, 1 assignment per day. If we are out the following week, Weiss would need to post another 5 days off assignments for that upcoming week by Sunday night.

### **3. K-5 Teachers**

a. You have PE once per week, and you don't teach health. I'm going to get an answer to later to do with what to with your classes.

Call me if you have any questions. 732-858-4702.

Also, per Dr. Hackett's email, if we do go out, you need to be accessible by phone or email. Please please pick-up the phone and/or return an email between 8:15am-3:00pm.

Also, you must write your lesson plans for these lessons and post to Oncourse. Fill out the template the best you can via virtual learning.